

Prof Ramkrishna More Arts Commerce and Science College, Akurdi

DEPARTMENT OF PHYSICAL EDUCATION

About the Department

“Physical education and sports department is not only contributes to overall goals of education but also to the development and maintenance of fitness, motor skills, social skills, health and brain development by providing psychomotor, cognitive and affective benefits. With such point of view this department is an important sector of curriculum.”

The department of Physical Education and Sports was established in 1992.

VISION

To provide a fertile ground and sports facilities to young minds to strengthen the foundation of their future lives by giving them knowledge, physical skills and tactics.

MISSION

- To provide excellent facilities and conducive atmosphere for students to nurture their fit and fine physique.
- To promote sports by organizing and participating in various sports activities.
- To provide innovative programs and opportunities for students to explore their talent in sports.

OBJECTIVES

- To promote the participation of students in various sports activities throughout the year.
- To promote various games, sports and recreational activities.
- To develop competencies necessary for physical training and coaching.
- To evoke true spirit of “Citius- Altius- Fortius”. (Higher, Faster and stronger)

SPORTS FACILITIES

The college has provided a bulk of indoor and outdoor sports and games facilities catering to the diverse needs of the sports personnel. Besides the college is committed to innovate, modernize and update the existing sports facilities. In fact, the Department believes only in provision of the distinguished sports facilities. The sports, games and gymnasium facilities made available to the sports personnel are as under:

Indoor Facilities:-

1) **Gents Gym:-** 1000 sq. feet.

College Physical Education & Sports department have 1 Gents Gym having 1000 sq. feet area, Gym have 16 multistation gym and Treadmill, manual walker and dumbbells.

2) **Ladies Gym:-** 400 sq. feet

College Physical Education & Sports department have 1 ladies Gym having 400 sq. feet area, Gym have 07 multistation gym and dumbbells and Weight Lifting Equipments.

3) **Multipurpose Gymnasium Hall**

- A) Chess
- B) Carom
- C) Table Tennis
- D) Yoga
- E) Judo

Outdoor Facilities:-

College physical education & Sports department have a multipurpose ground having area of length 50 mtr and width 35 mtr. College students use this multipurpose ground for

- 1) Kho- kho,
- 2) Kabaddi

- 3) Volleyball
- 4) Handball
- 5) Korfball
- 6) Netball
- 7) Football.

Sports Events Organization

- **Savitribai Phule Pune University Inter Zonal Competitions**

Under Savitribai Phule Pune University Board of Sports Department the Inter zonal Sports Competitions were organized in Four Zones. I.e. Pune district, Pune City, Ahmednagar District, Nashik district.

- a. Kho kho Boys
- b. Handball Boys
- c. Korfball Boys & Girls

- **Under SPPU Pune District Sports Zone Inter Collegiate Sports Organization**

Pune District Sports Zone organize Inter collegiate Sports Competitions from the colleges in Pune district.

- a. Handball Boys
- b. Netball Boys
- c. Kho kho Boys
- d. Korfball Boys & Girls
- e. Kabaddi Girls
- f. Handball Girls

- **P.D.E.A's Sports Competitions Organization**

Under P.D.E.A in senior college there are two Zones 1) Akurdi 2) Hadapsar

Under Akurdi zone there were sports competitions were organized.

- a. Kho Kho Boys & girls
- b. Yoga Boys & girls
- c. Handball Boys & girls
- d. Wrestling Boys



Participation of Students from the Year 2014-15 to 2018-19

The total number of participating students in various Sports competitions in Various level i.e. Inter collegiate, inter Zonal, All India Inter University, State, National and International .

Years	2014-15	2015-16	2016-17	2017-18	2018-19
Inter Collegiate	175	180	199	250	230
Inter Zonal	18	18	30	30	41
Inter University	05	07	10	12	19
State	12	20	15	13	20
National	10	12	08	16	15
International	01	01	02	02	03

The College Participates in following sports competitions organized by Pune District Sports Zone under Savitribai Phule Pune University.

Sr. No	Event	Sr. No	Event
1	Kho Kho	2	Athletics
3	Kabaddi	4	Mallakhamb
5	Volleyball	6	Gymnastic
7	Basketball	8	Yoga
9	Handball	10	Kayaking
11	Football	12	Table Tennis
13	Netball	14	Cross country
15	Korfball	16	Swimming
17	Baseball	18	Wrestling
19	Softball	20	Badminton
21	Hockey	22	Judo
23	Cricket	24	Lawn Tennis
25	Archery	26	Chess
27	Weight lifting	28	Shooting
29	Powerlifting	30	Boxing
31	Ball Badminton	32	Cycling

ACHIEVEMENTS:

MEDAL WINNERS IN INTERNATIONAL COMPETITION

Sr. No	Year	Name	Event	Medal
1	2014-15	Salvi rohit	Rollball	Gold
2	2015-16	Nimble Trupti	Thai Boxing	Gold
3	2016-17	Shevte Shubham	Rollball	Gold
4	2016-17	Jadhav rahul	Chess	Participation
5	2017-18	Tarawade Sushant	Yoga	Gold
6	2017-18	Bhoir Sanchita	Yoga	Participation
7	2018-19	Nimble Trupti	Thai Boxing	GoldSP
8	2018-19	Tarawade Sushant	Yoga	Gold

MEDAL WINNERS IN ALL INDIA INTER UNIVERSITY COMPETITION

Sr. No	Year	Name	Event	Medal
1	2014-15	Puri Ram	Mallakhamb	Silver
2	2015-16	Haladkeri Satyawa	Kabaddi	Silver
3	2016-17	Haladkeri Satyawa	Kabaddi	Bronze
4	2017-18	Khade Akash	Kho Kho	Silver
5	2017-18	Bhangale Piyush	Kho Kho	Silver
6	2017-18	Chandanshiv Vaibhav	Mallakhamb	Silver
7	2017-18	Rahade Lakhani	Kayaking	Bronze
8	2017-18	Rajput Mithilesh	Kayaking	Bronze
9	2018-19	Parit Anand	Kayaking	1 Gold, 1 Silver, 2 Bronze
10	2018-19	Gawade Sudarshan	Kayaking	1 Silver, 2 Bronze
11	2018-19	Tanpure Hanumant	Kayaking	1 Silver, 2 Bronze
12	2018-19	Mali Sagar	Korfball	Silver
13	2018-19	Palande Vishakha	Korfball	Silver
14	2018-19	Ahirsinghe Avinash	Korfball	Silver
15	2018-19	Khade Akash	Kho Kho	Bronze
16	2018-19	Dhulia Rashi	Handball	Bronze
17	2018-19	Kadam Arti	Handball	Bronze

MEDAL WINNERS IN NATIONAL COMPETITION

Sr. No	Year	Name	Event	Medal
1	2014-15	Pardeshi Amit	Karate	Gold
2	2014-15	Salvi Rohit	Handabll	Gold
3	2014-15	Mahajan Dhiraj	Handabll	Gold
4	2014-15	Hande Manoj	Handabll	Gold
5	2014-15	Kale Uma	Budo Martial Art	Silver
6	2014-15	Kale Uma	Dragon Boat	Bronze
7	2015-16	Misal Abasaheb	Kho kho	Gold
8	2015-16	Vetalkar Kiran	Kho kho	Gold
9	2015-16	Khande kishor	Kho kho	Gold
10	2015-16	Yadav Ganesh	Kho kho	Gold
11	2015-16	Dhawale Suraj	Kho kho	Gold
12	2015-16	Pujari Santosh	Kho kho	Gold
13	2015-16	Khade Akash	Kho kho	Gold
14	2015-16	Hinge Anurag	Football	Gold
15	2015-16	Shevte Shubham	Rollball	Gold
16	2016-17	Salvi Rohit	Rollball	Gold
17	2016-17	Shevte Shubham	Rollball	Gold
18	2016-17	Khade Akash	Kho Kho	Gold
19	2016-17	Nimble Trupti	Thai Boxing	Gold
20	2016-17	Yadav Preeti	Karate	Silver
21	2016-17	Muthal Chetan	Kick Boxing	Bronze
22	2016-17	Patle Santosh	Kick Boxing	Bronze
23	2017-18	Shevte Shubham	Rollball	Gold
24	2017-18	Tarawde Sushant	Yoga	Gold
25	2017-18	Bhoir Sanchita	Yoga	Gold
26	2017-18	Muthal Chetan	Kick Boxing	Gold
27	2017-18	Patle Santosh	Kick Boxing	Silver
28	2017-18	Chandanshiv Vaibhav	Mallkhamb	Bronze
29	2017-18	Makandar Javed	Athletics	Silver
30	2018-19	Shevte Shubham	Rollball	Gold
31	2018-19	Tarawade Sushant	Yoga	Gold
32	2018-19	Kandhare Shreya	Yoga	Gold
33	2018-19	Chavan Nitesh	Kick Boxing	Gold
34	2018-19	Nimble Trupti	Thai Boxing	Gold
35	2018-19	Kate Tejaswi	Lawn Tennis	Gold
36	2018-19	Patel Muskan	Karate	Gold
37	2018-19	Dhamal Aniket	Power lifting	Silver
38	2018-19	Ahirsinghe Avinash	Korfball	Bronze
39	2018-19	Palande Vishakha	Korfball	Bronze
40	2018-19	Mohite Tejal	Korfball	Bronze
41	2018-19	Makandar Javed	Athletics	Gold

